

30th Annual

EDUCATIONAL CONFERENCE

Registration Brochure



TEXAS SOCIETY FOR HAND THERAPY



JUNE 6-8
2025

SAN ANTONIO,
TX

THE GUNTER
HOTEL

www.tsht.org



Join us for the Texas Society for Hand Therapy 30th Annual Educational Conference in San Antonio at the historic Gunter Hotel! Our theme, “Past Meets Present: Innovating for the Future”, will honor the history of our organization and the field of hand therapy while leaving you inspired for the future. As always, we have a fantastic lineup of speakers, engaging breakout sessions, and even a CMMS casting pre-conference offering. We also hope you will attend our celebratory 30th Anniversary Reception on Saturday evening. We are looking forward to reuniting with old friends and meeting new ones alike. What a great way to wrap up Hand Therapy Week!

IMPORTANT DATES

March 1 - April 11

April 12 - May 23

May 24 - June 7

June 6-8

Early Bird Registration

Regular Registration

Late Registration

Attend Conference!

PRE-CONFERENCE OFFERING

(Additional Registration Required)

Casting Motion to Mobilize Stiffness: Transforming Treatment of the Stiff Hand

Kantessa Stewart, OTR/L, CHT; Karol S. Young, OTD, OTR/L, CHT

Description:

Stiff hands can be incredibly overwhelming to treat. Addressing edema, pain, and adherent soft tissues in the stiff hand are challenging as these symptoms are often interrelated and require a multifaceted approach for effective treatment. The solution to the treatment of the stiff hand is the CMMS technique. The comprehensive nature of this method uses the application of a plaster cast to target edema, pain and redirects active movement to stiff joints and soft tissues. This course will provide the concepts and foundation needed to use the CMMS technique for immediate use in your clinic in direct patient care.

Total Education Time: 5.5 hours

Pricing

Member: \$250

Non-Member: \$300



TSHT
TEXAS SOCIETY
FOR HAND THERAPY

ADVANCING EDUCATION, RESEARCH, OUTREACH & FELLOWSHIP

30TH ANNIVERSARY RECEPTION

(Additional Fee)

Please join us for a special TSHT event on the evening of Saturday, June 7, 2025. We will be celebrating the history of our organization, past award recipients, and fellowship amongst Texas hand therapists. We will be serving drinks and hors d'oeuvres. Members and non-members are welcome to attend.

Pricing: \$30

2025 TSHT Annual Education Conference
June 6-8, 2025
“Past Meets Present: Innovating for the Future”

Friday, June 6

- 10:00 am – 4:45 pm **Pre-Conference: Casting Motion to Mobilize Stiffness: Transforming Treatment of the Stiff Hand (Additional Registration Required)**
Kantessa Stewart, OTR/L, CHT and Karol S. Young, OTD, OTR/L, CHT
- 5:00 pm – 7:00 pm **Happy Hour**

Saturday, June 7

- 7:00 am – 7:40 am **Registration and Breakfast**
- 7:40 am – 8:00 am **Vendor Presentation (To Be Announced)**
- 8:00 am – 8:15 am **Welcome**
- 8:15 am – 9:45 am **Evaluation and Treatment of Nerve Compressions of the Upper Extremity**
Ann Porretto-Loehrke, PT, DPT, CHT, COMT, CMTPT
- 9:45 am – 10:15 am **Coffee Break and Exhibit Hall Open**
- 10:15 am – 11:15 am **Surgical Management for Thumb CMC Osteoarthritis**
Brian Sager, MD
- 11:15 am – 12:15 pm **Looking at the Thumb CMC Through a New Pair of Glasses**
Molly Hudson, OT, CHT, COMT-UL
- 12:15 pm – 1:15 pm **Lunch and Exhibit Hall Open**
- 1:15 pm – 1:45 pm **TSHT Business Meeting**
- 1:45 pm – 2:15 pm **Innovating for the Future**
Moderators: Cara Smith, PT, DPT, CHT, MSHA; Kay Youngblood, MBA, MOT, CHT, CLT-LANA
- 2:15 pm – 3:15 pm **Breakout Sessions (all attendees will rotate to each session)**
Session 1: Proprioception: An Interactive Session for Application in the Clinic
Kristen Glidden, MOT, OTR, CHT
Claire Leighton, OTD, OTR
Lab Assistants:
Adrian Bueno, MOT, OTR, CHT
Kevin Carey, MOT, OTR, CHT
Lesley Hedlund, OTR
Samantha Low, OTR, OTD
Session 2: Kinetec Lab
Alayna Hofeling, MS, OTR/L, CHT
Session 3: Evaluating and Treating the Thumb CMC: An Evidence Based Approach
Molly Hudson, OT, CHT, COMT-UL
Milton Lao, OTR, CHT, COMT-UL
- 3:15 pm – 3:45 pm **Coffee Break and Exhibit Hall Open**
- 3:45 pm – 4:45 pm **Breakout Sessions**
Session 1: Proprioception: An Interactive Session for Application in the Clinic
Session 2: Kinetec Lab
Session 3: CMC Evaluation and Treatment Lab
- 4:45 pm – 4:50 pm **Transition Break**
- 4:50 pm – 5:50 pm **Breakout Sessions**

Session 1: Proprioception: An Interactive Session for Application in the Clinic
Session 2: Kinetec Lab
Session 3: CMC Evaluation and Treatment Lab

7:00 pm – 9:00 pm **TSHT 30th Anniversary Reception (additional fee required)**

Sunday, June 8

7:00 am – 7:40 am **Registration and Breakfast**

7:40 am – 8:00 am **Vendor Presentation (To Be Announced)**

8:00 am – 10:00 am **Wrapping Your Head Around TOS**
Ann Porretto-Loehrke, PT, DPT, CHT, COMT, CMTPT

10:00 am – 10:30 am **Coffee Break and Exhibit Hall Open**

10:30 am – 11:15 am **TOS Case Studies**
Alayna Hofeling, MS, OTR/L, CHT

11:15 am – 12:00 pm **Targeted Muscle Reinnervation**
Kunj Desai, MD, FACS

12:00 pm – 12:30 pm **Innovating for the Future**
Moderators: Cara Smith, PT, DPT, CHT, MSHA; Kay Youngblood, MBA, MOT, CHT, CLT-LANA

📍 LOCATION 📍

The Gunter Hotel

205 EAST HOUSTON
SAN ANTONIO, TEXAS, 78205
(DRIVEWAY ENTRANCE ON 311 N. ST. MARYS STREET)



[Click *HERE* to book your room](#) 

REGISTRATION FEES

Early Bird Registration

Member: \$300

Non-Member: \$375

Registration

Member: \$330

Non-Member: \$405

Late Registration

Member: \$355

Non-Member: \$425

30th Anniversary Reception

Members/Non-Members:
\$30

Pre-Conference

Casting Motion to Mobilize
Stiffness

Member: \$250

Non-Member: \$300

Student Rate

Member: \$150

Non-Member: \$175

(students must email a letter
from their entry-level program
director to support@tsht.org)

Cancellation/Refund Policy

Texas Society for Hand Therapy requires written request for a refund for conference registration fees on or before the dates listed here. We will offer a partial refund based on the date the request is received:

On or before April 1, 2025: 75% refund

On or before May 23, 2025: 50% refund

After May 23, 2025: no refund will be granted