



THE TEXAS SOCIETY FOR HAND THERAPY

2024 ANNUAL EDUCATIONAL CONFERENCE

April 26-28

WORK HARD, PLAY HARD: FROM INJURY TO ACTIVITY

Fort Worth, Texas

**REGISTRATION
BROCHURE**

WWW.TSHT.ORG

WORK HARD PLAY HARD

FROM INJURY TO ACTIVITY

TSHT 29TH ANNUAL EDUCATION CONFERENCE



Join us for the 2024 TSHT Annual Educational Conference in Fort Worth! Our theme Work Hard, Play Hard: From Injury to Activity will cover topics related to upper extremity rehabilitation for the injured athlete, surgical perspectives of treating the athlete, and industrial rehabilitation. We are so excited to dive into the world of high performance individuals and approaches on treating this population. We will also be offering our highly rated pre-courses including an orthosis fabrication lab and an upper quarter dissection for anatomy review.

IMPORTANT DATES

| | |
|-------------------------|-------------------------|
| Jan 10-March 1 | Early Bird Registration |
| March 2-April 12 | Regular Registration |
| April 13-26 | Late Registration |
| April 26-28 | Attend Conference! |

PRE-COURSE OFFERINGS

(ADDITIONAL REGISTRATION REQUIRED)

Pre-Course 1: Upper Quarter Dissection

Dr. Kimberly K. Mezera

Location: University of North Texas Health and Science Center at Fort Worth

Date/Time: Friday 4/26, 8:00 am-12:00 pm

Description: During this 4- hour lab, Dr. Mezera will dissect an upper extremity while discussing the anatomy, common surgical procedures, and provide clinical relevance to hand therapists.

Price: \$200 TSHT members, \$250 non-members

Space is limited.

Pre-Course 2: Orthosis Fabrication Lab

Alayna Hunt MS, OTR/L, CHT and Pamela Mikusek, OTR/L, MS

Location: Sheraton Fort Worth Downton Hotel

Date/Time: Friday 4/26, 1:00 pm- 5:00 pm

Description: During this 4-hour lab, participants will have an opportunity to fabricate a variety of orthoses to protect an injury, correct deformity, or improve function.

Price: \$150 TSHT members, \$200 non-members

Space is limited.

2024 TSHT ANNUAL EDUCATIONAL CONFERENCE AGENDA

Work Hard, Play Hard: From Injury to Activity

April 26-28, 2024

Friday, April 26, 2024

8:00-12:00 pm Pre-Course 1: Upper Quarter Dissection Lab (University of North Texas Health and Science Center at Fort Worth)

Dr. Kimberly K. Mezera

(Requires additional registration)

1:00-5:00 pm Pre-Course 2: Orthosis Fabrication Lab (Sheraton Fort Worth Downton Hotel)

Alayna Hunt MS, OTR/L, CHT and Pamela Mikusek, OTR/L, MS

(Requires additional registration)

5:00-7:00 pm Happy Hour - Sheraton Fort Worth Downton Hotel

Saturday, April 27, 2024

7:00-7:40 am Breakfast/Registration/Check-In

7:40-8:00 am Sponsor Presentation: Select PT/Baylor Scott and White

8:00-8:30 am Evidenced Based Rehabilitation to Treat Hand Injuries of the Athlete

April O'Connell OT/L, CHT

8:30-9:30 am Rehabilitation of the Overhead Athlete

April O'Connell OT/L, CHT

9:30-10:00 am A Case Study: Current Concepts in Return to Sports following ORIF of the 1st Metacarpal of an NFL Quarterback

Luke Miller PT, DPT, ATC

10:00-10:15 am Break/Vendor Exhibit Hall Open

10:15-11:15 am Little League, Big Pain: A Look at Pediatric and Adolescent Shoulder and Elbow Injuries

Richard Ashlock PT, DPT, SCS and John Hicks, MD

11:15 am-12:00 pm Therapist's Management of Medial Elbow Injuries of the Skeletally Mature Overhead Athlete

Michael Mueller MS, OTR, CHT

12:00-1:00 pm Lunch/Vendor Exhibit Hall Open

1:00-1:30 pm TSHT Business Meeting

1:30-2:15 pm Thoracic Outlet Syndrome: A Case Study of a Professional Golfer with Intermittent Wrist Pain

Alayna Hunt MS, OTR/L, CHT

2:15-3:15 pm Hand Table to the Playing Field: Advanced Rehabilitation Skills to Safely Return Athletes to Play

Michael Mueller MS, OTR, CHT

3:15-3:30 pm Break/Vendor Exhibit Hall Open

3:30-4:30 pm Shoulder Injuries and Repairs in the Athlete
Jesus Rey, MD

4:30-5:30 pm Building Shoulder Strength in Elite Hoopers
Erica Rodriguez PT, DPT, CSCS

5:30 pm Adjourn

Sunday, April 28, 2024

7:00-7:40 am Breakfast

7:40-8:00 am Sponsor Presentation: Point Designs

8:00-9:00 am The Industrial Athlete's Journey from Injury to RTW: A Case Study
Bubba Klostermann OT, CEAS II

9:00-10:00 am Rehabilitation Concepts for the Athlete's Shoulder
Michael Mueller MS, OTR, CHT

10:00-10:15 am Break/Vendor Exhibit Hall Open

10:15-10:45 am TFCC Injuries in the Athlete
Christopher Hopkins, MD

10:45-11:15 am Combating Disuse Following Immobilization of the Upper Extremity in the Throwing Shoulder: From the Weight Room to the Field
Luke Miller PT, DPT, ATC

11:15 –12:15 pm Return to Play Panel Discussion

12:15 pm Adjourn

APPROVED CONTINUING EDUCATION UNITS

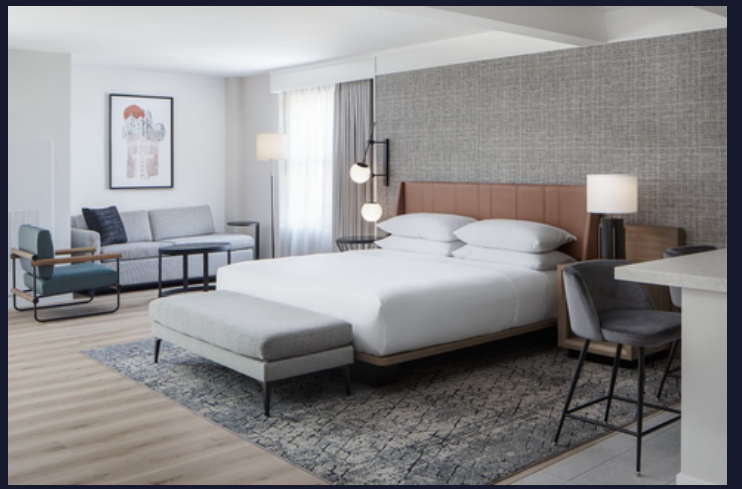
| Event/Course | TOTA CEUs | TPTA CCUs |
|---|-----------|-----------|
| 2024 Annual Education Conference "Work Hard, Play Hard: From Injury to Activity" | 11.5 | 11.5 |
| Orthosis Fabrication Lab Pre-Course (Additional Registration Required) | 4 | 4 |
| Upper Quarter Dissection Pre-Course (Additional Registration Required) | 4 | 4 |



LOCATION

The Sheraton Fort Worth Downtown Hotel

1701 Commerce Street
Fort Worth, Tx, 76102



[CLICK HERE TO BOOK YOUR ROOM](#) 

REGISTRATION FEES

Early Bird Registration

Members: \$300

Non-members: \$375

Registration

Members: \$330

Non-members: \$405

Late Registration

Members: \$355

Non-members: \$425

Become a TSHT member or renew your membership today for discounted conference prices!



REGISTER HERE

Cancellation/Refund Policy

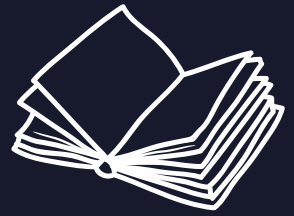
Texas Society for Hand Therapy requires written request for a refund for conference registration fees on or before the dates listed here. We will offer a partial refund based on the date the request is received:

On or before March 1, 2024: 75% refund

On or before April 12, 2024: 50% refund

After April 12, 2024: no refund will be granted

STUDENT PRICING



We are offering a special conference registration rate for students enrolled in a full time entry-level OT, PT, OTA, or PTA program.

ARE YOU INTERESTED IN JOINING US?



Please consider becoming a student member of TSHT!



REMINDER



TSHT will not be providing attendees with printed conference materials including presentations and/or notes pages. Please print presentations for handwritten notes prior to the conference if you wish to have physical copies. All speaker presentations will be available electronically prior to the conference.



CALL FOR POSTERS



Submit a poster to be presented during our Annual Education Conference to highlight your latest discovery, charity work, or research. Poster topics should focus on assessment, treatment, or clinical reasoning for management of the upper extremity. A monetary prize will be awarded at the Annual Education Conference for the Best Scientific Poster and the Best Clinical Poster.